

## The Meaningful Life By Nikkyo Niwano

From the What is a meaningful life? How can it be achieved? This valuable book written by a man who has attained true fulfillment answers these questions and many others for those who are seeking guidance, Life can have no greater meaning than to enable you to say 'Today I have added something good to my eternal life' he writes. The goal of our eternal voyage of self-improvement is perfect liberty, His topics cover all fields of human the home and family relationships child rearing education work leisure activities for old people and religion. He offers eminently practical advice on mental nourishment self-sacrifice in a selfish age and survival amidst the cultural profusion of our time: His book is a truly refreshing source of wisdom for living in the complex world of today. The Meaningful Life

