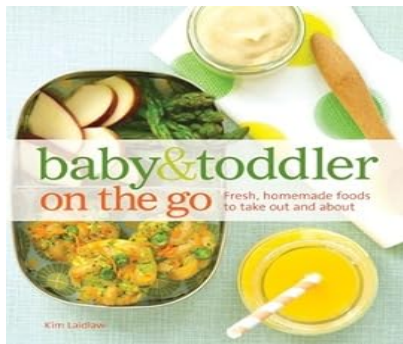


Baby & Toddler on the Go By Kim Laidlaw I did like the herb + puree combo suggestions as well as the compound food suggestions for older babies; obviously I could have figured this kind of stuff out myself but I appreciate the kickstart from the author. I really like the idea that as I'm cooking for me I can set aside a portion (less seasoned obviously no salt or sugar etc) for the baby and not have to cook separately for him. Baby & Toddler on the Go As a working Mum getting out the door on time is difficult enough! Not having to ponder what to feed my daughter while she's at daycare makes this book the best find! This cookbook is beautifully designed the instructions are easy to follow and the strategies for managing picky toddlers are extremely helpful. Baby & Toddler on the Go Features over seventy-five recipes for easy-to-prepare healthy recipes for babies and toddlers including mini salmon cakes oatmeal-raisin muffins and avocado toasties,



I had received this book through a Reddit gift exchange, I love this book because it has so many great recipes and they are so easy to make: My daughter likes to help mommy make a lot of these recipes: It's a great book to have on hand for quick and easy meals and snacks, Nice pictures and easily achievable recipes (nothing requiring extensive effort which I found realistic). I was using this more for the baby section although I think the book really shines in the toddler food section, Cook in BULK freeze it you can do this all a couple of times per month and you will have loads of items in your freezer to choose from, My daughter is a big fan of the mini section specifically the healthy but delicious tasting muffins mac n cheese bites fritattas and quiche, Great advice and tactics for new Moms too I just love this book! Baby & Toddler on the Go My new favorite family cookbook! Easy quick recipes to feed my kiddos. Baby & Toddler on the Go 4 stars. Baby & Toddler on the Go.